



# Yeovil Montacute parkrun



Run at your own pace at our **FREE** 5km weekly event

The run is designed for both complete beginners as well as regular runners. It is an ideal way to motivate yourself to get out and running in a social and welcoming environment.

Yeovil Montacute boasts not only a beautiful run through National Trust parkland but also a warm welcome and the option of a social coffee afterwards.



**Where:**  
**Montacute House,**  
**near Yeovil**  
**TA15 6XP**

**When:**  
**Every**  
**Saturday at**  
**9.00am**  
**prompt**  
**throughout**  
**the year, rain**  
**or shine**



Please register for your unique barcode at [www.parkrun.org.uk](http://www.parkrun.org.uk) and go to [www.parkrun.org.uk/yeovilmontacute](http://www.parkrun.org.uk/yeovilmontacute) for information about the run.



If you would like more information on the run or to volunteer please contact our volunteer co-ordinators Jane or Lynda on [yeovilmontacutehelpers@parkrun.com](mailto:yeovilmontacutehelpers@parkrun.com)

